



**POLMED**

OUR INVESTMENT OUR HEALTH OUR FUTURE



# HOW TO REGISTER ON THE POLMED MATERNITY PROGRAMME

Our maternity benefits are designed to give your little ones the best possible start. These benefits are paid from Risk, so they will not affect your savings or day-to-day benefits. To get even more value, make sure you use a provider on our network.

## POLMED MATERNITY PROGRAMME OFFERING



**DEDICATED CLINICAL  
CASE MANAGERS**



**HEALTH ADVICE LINE  
0860 765 633**  
(Disease Risk Management  
– Maternity)



**PREGNANCY EDUCATION  
EMAILS/INFORMATION  
LEAFLETS**



**WEB CONTENT -  
HealthCloud**



### WHO IS ELIGIBLE TO ACCESS THE MATERNITY BENEFITS?

The maternity benefits are available to all eligible pregnant POLMED members



### WHEN SHOULD YOU REGISTER FOR THE MATERNITY PROGRAMME?

You should register for the maternity programme as early as possible, i.e. as soon as your pregnancy is confirmed and before 32 weeks gestation. This will ensure that you can access the Maternity Programme benefits, which will be funded from the Risk benefit pool from the date of enrolment. You'll also receive educational material for health during pregnancy.



### HOW DO YOU REGISTER/ENROL ON THE MATERNITY PROGRAMME?

You can be enrolled on the Maternity Programme via the following ways:



You can call the Maternity Programme team on **0860 765 633** Monday to Friday (08:30- 17:00) Disease management programme (Follow the voice prompts)



The POLMED Maternity team can contact you for enrolment once you have been identified through claims for your pregnancy



Your treating provider can contact the Disease Management call centre



## WHAT BENEFITS ARE AVAILABLE AS PART OF THE MATERNITY PROGRAMME?

### MATERNITY TREATMENT CARE PLAN

- We cover a list of additional services during your pregnancy paid from your annual overall in-hospital benefit. These services include doctor visits, pathology tests, ultrasounds and a 2D scan.



**POLMED**

OUR INVESTMENT OUR HEALTH OUR FUTURE



#### PLEASE NOTE



You must obtain pre-authorisation for delivery from 32 weeks of pregnancy. Contact POLMED for a pre-authorisation number by calling the Client Service Call Centre on **0860 765 633** or emailing **Polmedauths@medscheme.co.za**. To speed up the process, please ensure you have the following information handy:

- POLMED membership number
- Healthcare provider's practice number
- Hospital practice number
- Date of admission and possible discharge date
- Diagnosis (ICD-10) codes and procedure codes



#### IMPORTANT TO NOTE:

A motivation is required for amniocentesis/noninvasive prenatal test (NIPT) and any scans needed after 32 weeks of pregnancy. Please ask your doctor to email the motivation to **Polmedmaternity@medscheme.co.za**

#### ANTENATAL VITAMINS

Certain pregnancy vitamins and minerals as approved by the Scheme will be covered for a duration of six (6) months. A valid prescription is required from the treating provider.



#### FROM WHICH BENEFIT POOL WILL THE MATERNITY CLAIMS BE PAID ONCE YOU ARE REGISTERED ON THE MATERNITY PROGRAMME?

Maternity-related claims for services included on the care plan will be paid from the Risk benefit pool. This will start from the date of enrolment on the programme and your overall out-of-hospital (day-to-day) limits will not be affected.



#### HOSPITALISATION FOR THE BIRTH

- POLMED has a Hospital Network in place for Aquarium. You must make use of a hospital that is listed on the Hospital DSP Network. Using a non-network hospital may result in a R15 000 co-payment.
- All admissions must be pre-authorised – a penalty of R5 000 will apply if no pre-authorisation is obtained.
- The authorisation will cover admission in a general ward.
- This benefit also provides cover for hospital-related costs for you and your baby whilst in hospital.
- The cover is at 100% of the POLMED rate/agreed tariffs.



#### ELECTIVE CAESAREAN SECTIONS

In terms of the POLMED Scheme rules, Elective (voluntary) Caesarean Sections (C/section) will, subject to the PMBs, be considered in line with managed care and funding protocols. Pre-authorisation is mandatory.

A co-payment of R10 000 will be applied should you have a planned caesarean section. POLMED will consider waiving the co-payment where the C/section is an emergency and a clear clinical motivation and evidence is provided that shows there was a clinical need for the caesarean section.

This evidence will be reviewed and vetted before the co-payment is waived.



# POLMED

OUR INVESTMENT OUR HEALTH OUR FUTURE



**SHOULD YOU HAVE ANY QUERIES, PLEASE CONTACT THE POLMED CLIENT SERVICE DEPARTMENT ON 0860 765 633 OR SEND AN EMAIL TO: [POLMED@MEDSCHEME.CO.ZA](mailto:POLMED@MEDSCHEME.CO.ZA)**

### REGISTRATION OF BABY:

It is essential to register your newborn as a dependant within 90 days of birth.

When submitting your Application for Registration of Dependants Form, please attach a copy of your baby's birth certificate and send it to [Polmedmembership@medscheme.co.za](mailto:Polmedmembership@medscheme.co.za)

This does not apply to third-generation children.



### 3RD GENERATION (GRANDCHILDREN)

POLMED will cover the delivery of a dependant's child. If the newborn (grandchild) needs hospitalisation, they will NOT be covered by the Scheme. The newborn (3rd generation baby) registration as a dependant to the principal member is not automatic and shall not be covered as outlined in the POLMED Scheme Rules (Rule no: 4.11). Should the newborn baby require medical treatment immediately after birth, kindly note that the Scheme Rules do not allow POLMED to fund any further treatment.



### CONTINUATION OF MEMBERSHIP IN CASE OF MAIN MEMBER'S DEATH

According to POLMED scheme rules 4.28.4, if the main member passes away, the continuation member (widow/widower) will not be able to register any new dependant on POLMED, i.e. children born after the main member passed away, unless the widow was pregnant at the time of the main member's death.



### POLMED HEALTHCLOUD

The HealthCloud is a site that you can access via the Member Zone on the POLMED website. On it, you'll find a wealth of information regarding pregnancy.



### CHILDHOOD IMMUNISATION BENEFITS

#### Does POLMED cover immunisations for the newborn baby?

POLMED pays for the immunisations for the baby as per the Expanded Programme on Immunisation in South Africa for children up to the age of 12 years.

Contact our Care Managers on **0860 765 633** or [polmeddiseaseman@medscheme.co.za](mailto:polmeddiseaseman@medscheme.co.za)  
This information is made available courtesy of **Health24.**

